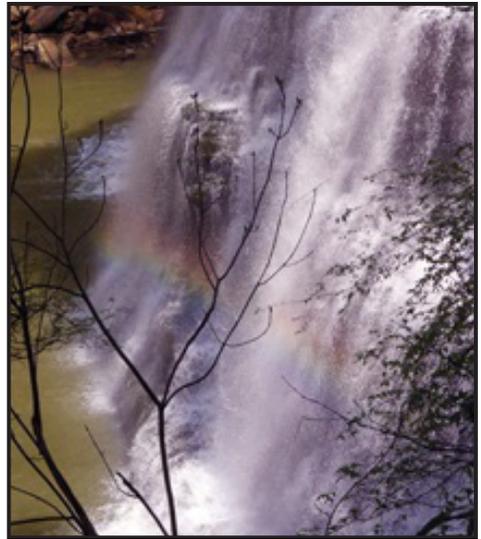


May 2013 • The Portal of Possibility

Sit and be in touch with your dreams, hopes and HONEST desires. As I write, the word “honest” is very loud and clear. How long has it been since you have allowed yourself to consider what you REALLY want? It could be that to get to this place of desire and wishing you may have to tear down the walls that were created by too many:

“Not possible”
“Not realistic”
“You cannot afford that!”
“Where are you going to get the money?”
“Too much work!”
“You can’t do that”
“What will others think?”
“How would that look?”
“Too many details!”
“Too many obstacles!”
“Someday when the kids are grown”
“Someday when I get a chance”
“Someday when the bills are caught up”
“What if....?”
“You could never do that”
“You are not smart enough”
“You are not good enough”



The list goes on as each statement buries your dreams and hopes and creates a barrier to the potential that can exist. In his book, “Illusions,” Richard Bach states: “Argue your limitations and they are yours!” Simple, powerful and true.

So create a space apart from all of those “reasons” you have embraced that paint your dreams and hopes as being unattainable. Make this space one that is solely about possibilities, a space where limitations, restrictions and insecurities are not allowed, where they simply do not exist.

Pretend that everything is possible. It will most likely take several, if not many, attempts as these negative statements have been there for a long time. Can you even remember the last time you truly embraced hope? joy? How about the excitement of potential and the anticipation of what may be possible? Give yourself the permission to truly feel deep inside that something may be possible. Let the years of “can’t do’s,” “have to’s” and the variety of fears, concerns and imposed limiting beliefs that have been piled of top of that sense of hope, wonder, anticipation, possibility and potential.

Don’t think of the hows or the steps - just identify the wish, the goal, the spark that will make your heart soar and your passion flow.... and hold onto it, bask in it. Look at the visual on this card. Can you feel the emotion of the space she is in? Feel the joy and the warmth of your own spark being uncovered and fanned... go there frequently and then see what may happen.

The portal of possibility is opening for the Divine, the Universe to grant you what is needed to move towards that which is your heart’s desire.